**BLM 1**

AMC

Rhythm Grids

12 beat pattern

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 |

Polyrhythmic Grid

|  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| 2 beats | **1** | 2 | **1** | 2 | **1** | 2 | **1** | 2 | **1** | 2 | **1** | 2 |
| 3 beats | **1** | 2 | 3 | **1** | 2 | 3 | **1** | 2 | 3 | **1** | 2 | 3 |
| 4 beats | **1** | 2 | 3 | 4 | **1** | 2 | 3 | 4 | **1** | 2 | 3 | 4 |
| 6 beats | **1** | 2 | 3 | 4 | 5 | 6 | **1** | 2 | 3 | 4 | 5 | 6 |

4\_\_\_\_\_\_\_\_\_\_\_\_|\_\_\_\_\_\_\_\_\_\_\_\_\_|\_\_\_\_\_\_\_\_\_\_\_\_|\_\_\_\_\_\_\_\_\_\_\_\_|\_\_\_\_\_\_\_\_\_\_\_\_|\_\_\_\_\_\_\_\_\_\_\_\_|\_\_\_\_\_\_\_\_\_\_\_\_\_\_||

4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4